Finding Futures School Brochure

Finding Futures

Empowering every young person to believe in **themselves**

Finding Futures

Positive futures begin with **self-belief**

Our year-long personal development programme equips Year 5 and 6 students with essential skills.

Personalised **coaching sessions** challenge students to identify their strengths and set challenging goals in four Talent areas:

- **Confidence**
- **Resilience**
- **Communication**
- **Self-awareness**

These key talents have a proven impact on students' motivation and engagement, enabling them to successfully transition to secondary school.

Two immersive trips inspire students to make ambitious choices and enable them to achieve success both in and out of the classroom.

96%

of students last year made a **quantifiable** improvement in **at least one** Talent area.

Intensive Coaching
Personalised coaching enables students to identify their goals and work towards achieving them.

Into the Wild
An action-packed day which challenges students to step outside their comfort zone.

World of Work
Students gain a clearer understanding of working life and are inspired to think about their future by visiting a workplace.

Join our network of partner schools

We've worked with **71** partner schools...

...where we've supported over **2,700** young people.

"Teachers have commented how much happier and more confident the children on the Finding Futures programme are. They are all speaking up in class more and taking on more of a leadership role in group work. We are all really pleased to have joined the programme."

Siobhan Malcolm, Lead Teacher, Montem Academy

"It has been a really great experience and I feel that many of the children have gained enormously from participating in the Finding Futures programme.

Your staff have been amazing, so supportive and organising everything has been such a weight off my mind."

Mrs Cooke, Head of Pastoral Care, Holme Grange School

"The Finding Futures programme was a wonderful opportunity for our children, run by a professional and supportive team with the child at the centre of everything they do. Thank you."

Miss Simpson, Assistant Headteacher, Goldsworth Primary School

Tina Burrows,
Director of Partnerships

If you'd like to **find out more** about becoming part of our network of innovative, forward-thinking schools, please get in touch, I'd love to hear from you!

tina@yesfutures.org

07908 687 779

Frequently asked questions

What is the impact of the programme on students?

The programme has a truly life-changing impact on many students' lives through providing high-impact, personalised support.

The true impact of our programmes is demonstrated best through stories from the young people we have worked with. Read our series of **case studies on our website here**.

Finding Futures **is effective use of Pupil Premium funding**, with clear evidence of impact on selected students. We produce a comprehensive Impact Report for each of our partner schools with quantitative and qualitative data on the progress of each student (see page 6 for more information).

Despite the pandemic, we continue to have a transformational impact on young people:

72%
of students felt more motivated to achieve at school.

88%
of students felt more prepared for the future.

76%
of students have increased their confidence.

84%
of students felt the programme made a positive difference.

Who is the programme designed to support?

The Finding Futures programme has a proven impact on **students lacking in confidence and displaying low self-esteem**. We typically work with a selected group of students who display some of the following behaviours:

- Withdrawn in group situations
- Hesitant to engage in class
- Underachieving academically
- Struggling to make eye contact
- Needing support to tackle difficult challenges
- Likely to give up easily
- Reluctant to take the lead
- Lacking motivation
- Nervous around new people
- Not sure how to identify their strengths

Each student on the Finding Futures programme will face different challenges, but with the right support, can learn to unlock their personal potential. The programme enable will students to discover their potential and believe in themselves, to create their own positive future.

We find our most effective cohorts are those with a diverse mix of children and personality types. Students can be from **Year 5 or Year 6**, and in some cases, schools select students from both year groups.

What is the impact of the programme on my school?

Alongside the transformational impact on the students on the Finding Futures programme, there are also wider benefits for your school.

You become part of our **network of innovative, forward-thinking partner schools**, with access to exclusive opportunities and personal development resources. You will receive a Yes Futures Partnership Certificate which you can display in school to showcase your commitment to your students' personal development.

The programme enables **teachers to see their students in a new light** and build relationships with them outside of the classroom, ultimately leading to success back in the classroom.

Will the Finding Futures programme take up lots of my time?

We understand how busy teachers are, so the programme is designed to have **minimal impact on your workload**. You will have continual support from a dedicated Yes Futures Programme Manager who will take care of all planning, delivery, paperwork (including risk assessments and letter templates) and evaluation of the Finding Futures programme.

Whilst you're very welcome to join us on any of the trips (we always allocate one teacher place!), there is no obligation to do so as **we fully staff all trips**. Similarly, there's **no requirement for you to be at the coaching sessions**, we're very happy to set up ourselves and collect any late-running students from their lessons.

"I think other schools should get involved with Yes Futures because if people don't believe in themselves that much, Yes Futures will help them to build more confidence and have resilience."

Janelle, Year 5 Student

"Yes Futures has helped me in countless things; making new friends, building my communication skills and hardly ever giving up. If I had trouble, I could always count on the Coaches. Thank you to all my friends, school and Coaches for helping me get over my fears."

Year 5 Student, Norbury School

How often do you see the students?

During the first half of the programme (March – July or September – February) we will see the students **every 2-3 weeks** in term time. This is either for a coaching session or a trip.

The second half of the programme is student-led as they begin their self-coaching journey. We will then return to school to follow-up with students for their Forward to the Future workshop at the end of the year (in December for students starting the programme in March, and July for those starting in September). The structure of the programme is given below:

Finding Futures Programme Structure

- Welcome Event
- Coaching 1: Confidence
- Coaching 2: Communication
- Into the Wild Day
- Coaching 3: Resilience
- World of Work Day
- Coaching 4: Self Awareness
- Coaching 5: Self coaching workshop
- Graduation Celebration
- Forward to the Future Workshop

Personalised Coaching

Students receive a series of coaching sessions in small groups with a fully trained Coach. Coaches support students to self-reflect and take responsibility for their development, creating aspirational targets and becoming familiar with the goal-setting process.

World of Work

Exploring different career options through valuable, first-hand experience. Students develop their aspirations by visiting a dynamic workplace, meeting professionals and learning about a variety of jobs.

Into the Wild

Stepping outside of their comfort zone, students come together with other school cohorts on this action-packed day of physical and mental scenario-based challenges.

Graduation

An opportunity for students to showcase the skills they have developed through the programme. Students present their experiences to an audience of proud parents, teachers and peers.

Self-coaching

Students begin their self-coaching journey, taking responsibility for setting goals for themselves.

Forward to the Future Workshop

Run five months after the Graduation, the Yes Futures team check in with students' progress. Students reflect on their development since the programme and share their next steps for the future.

How do you measure your impact?

We understand how important it is for you to report back on the impact of interventions you are running in school, to governors, Ofsted and parents. Your school will receive a full school-specific Impact Report, clearly demonstrating the impact of the programme on your students. The report includes **personalised feedback** on each student as well as their development in **essential skills**. Our award-winning impact measurement tool, the **Talent Toolbox**, provides a structured approach to the development of soft skills and allows us to accurately measure and monitor students' progress.

> **"A rare and genuinely innovative approach to measurement."**
> Project Oracle
> (Leading Youth Evidence Organisation)

The Talent Toolbox measures **confidence, resilience, communication** and **self-awareness**. All assessments are **evidence-based**. This approach avoids biases and ensures reliable, comprehensive data.

Alongside the Talent Toolbox, we conduct baseline and end-of-programme questionnaires with students, parents and teachers, which enable us to triangulate data on students' progress. Students' Coaches also record observational information following each coaching session. This enables us to continually monitor students' progress throughout the programme.

How much does Finding Futures cost?

Thanks to continued generous support from our funding partners, we are able to offer our award-winning, impact-driven programme to schools at a highly subsidised rate of **approximately 50% of the total cost**.

Small Cohort (12 students)	Large Cohort (18 students)
£9,600	**£12,600**
Equivalent to £800 per student	Equivalent to £700 per student

10% discount for 2 or more cohorts*

* a 10% discount will be applied for 2+ cohorts within the same cycle or across two consecutive cycles. For example: two cohorts of 18 students would be priced at £22,680 - a saving of £2,520.

These prices are **fully inclusive of all elements of the programme**, including all travel, trips, food, staffing, resources and insurance. There are **no hidden costs**, no extra VAT and we do not ask the school or parents for any additional funding.

Many of our schools use their **pupil premium funding** to cover the cost, as it's a great way to demonstrate clear impact on specific target students and your commitment to tackling non-academic barriers to success in school. The Finding Futures programme has clear evidence of impact, in line with EEF research evidence.

Other schools use funding from Virtual Schools (if you have looked after children), get sponsorship from local business partners, and/or get students to fundraise. Some will, where appropriate, also ask parents for contributions.

We like the sound of Finding Futures – how do we get involved?

We run two cycles of the programme each year: one starting in **March**, and one in **September**.

If you'd like to put forward some of your students for the Finding Futures programme, please contact Tina, Director of Partnerships, using the details below.

Signing up for the programme is very straightforward. To secure your places, you just need to sign a School Agreement which explains exactly what you can expect from the programme. Tina will provide you with this once you've confirmed that you'd like to go ahead. Once we have received your School Agreement, we will start your onboarding process.

How does the programme get started?

We provide you with a **template letter to send home to parents and carers** which gives some information about Yes Futures and why their child has been selected for the programme. We also invite parents and carers to a Welcome Session to find out more and meet the Yes Futures team.

Your first in-school session will be a **Welcome Session**, where we introduce the programme to students, explain to them what to expect and get them excited about what's to come! We want students to feel really proud that they have been selected for the programme, and recognise that it's an exciting opportunity. We really value your presence at these initial sessions to make clear the partnership between your school and Yes Futures.

What if I have more questions?

We fully appreciate that selecting a partner to deliver a programme for your students is an important decision. We're very happy to come and visit your school, or to arrange an online meeting. If you'd like to talk through the programme and how it might work for your students in more detail, please get in touch:

"Without Yes Futures, I would not be as open-minded or as confident as I am today. Yes Futures has taught me to overcome my fears and take advantage of opportunities I come across in life."

Yushekia, Yes Futures Ambassador

For more information

Tina Burrows
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