



Yes Futures Volunteer Opportunity One-to-One Coach



Empowering every young person
to believe in **themselves**



Introduction

Yes Futures is a multi-award winning charity, established in 2012. Our successful Finding Futures and Rising Futures programmes have made a proven difference to the lives of over 2000 young people, and we are rapidly expanding to more schools across the country.

We are looking for **enthusiastic and committed individuals** to train as Yes Futures Coaches. We run two programmes each year: **September to February**, and **March to July**.

Our award-winning programme provides Yes Futures Coaches with full training and ongoing support, enabling you to thrive and develop your coaching skills in a collaborative environment. This is a unique opportunity to develop your skills and gain vital coaching experience at no cost to you.

This role description is for one-to-one Coaches supporting our Rising Futures programme for secondary school students to empower them to believe in themselves. This is a remote coaching role, allowing you to volunteer with us from anywhere in the UK.

About Yes Futures

Yes Futures offers award-winning coaching which empowers young people to believe in themselves and discover their personal potential.

We run personal development programmes in primary and secondary schools to develop students' four key talents: Confidence, Resilience, Communication and Self-awareness.

What does a Yes Futures Coach do?

If it is your first-time coaching with Yes Futures, you will become a Coach on our Rising Futures programme for secondary school students. If you have coached with Yes Futures before, you are eligible to become an Impact Coach ([click here for more info at the bottom of the web page](#)).

A One-to-One Coach is responsible for:

- Supporting your allocated students to identify their personal strengths and set goals through a series of four online coaching sessions.
- Attending the pre-session briefings and post-session debriefs with your Programme Manager (on the same day as coaching sessions).
- Attending the Welcome Session online workshop to meet students (approx. 2 hours spread across a day).
- Communicating with your Programme Manager throughout the programme regarding student engagement and progress, including writing brief session records for each student.

- Engaging with Yes Futures' evaluation procedures, including writing end of programme notes on students to be included in individual student Impact Reports and sharing your feedback of your experience in the Coach Survey.

You will also have the option to:

- Attend the Into the Wild weekend (Friday – Sunday) residential (highly recommended).
- Attend Play Your Part and World of Work 1 day trips.
- Be involved in Yes Futures social media and blog writing.
- Attend social events to meet other Yes Futures Coaches.

What skills does a Yes Futures Coach require?

We welcome a wide range of individuals of different backgrounds, experiences and ages to join our Coaching programme. We value candidates who can demonstrate they are able to make an IMPACT:

Inclusive - We value the input of our entire community and embrace diversity. We work with a diverse range of students, and we want our coaches to reflect that. Our community can then work to draw upon each other's experiences to best support our students.

Motivated - We are inspired by the results we achieve. All our coaches bring their energy and enthusiasm to the sessions, empowering the students.

Professional - We are dedicated and passionate individuals who are committed to the students we support, and reliably turn up for them throughout the whole programme. We represent Yes Futures and respect the learning environment we work in, including teachers, staff, and other partners.

Ambitious - We inspire ambition in all young people we work with. Through regular goal setting and targets, we support students to aim high and recognise their potential.

Collaborative - We work with schools, students, parents and partners to create lasting impact. We draw upon the experience of our diverse community to support others, share learning, and encourage one another to provide the best support possible.

Trustworthy - We believe in our programmes and trust our Coaches to support our students to become their authentic selves. We recognise that safeguarding is a top priority when having personal conversations with students, and we follow the correct procedures to report incidents to the team.

Please note, all Coaches must be proficient in using Zoom and a computer/laptop. Coaching sessions are all conducted online, so you must have suitable technology to complete this.



Having the opportunity to work with and see the impact you're having on young people at a very early stage in their lives is amazing. Knowing that you're setting them up with skills that they will use for the rest of their lives is an incredible opportunity, and one that I just would not have got without Yes Futures - thank you!

Tom Pocock
Yes Futures Coach



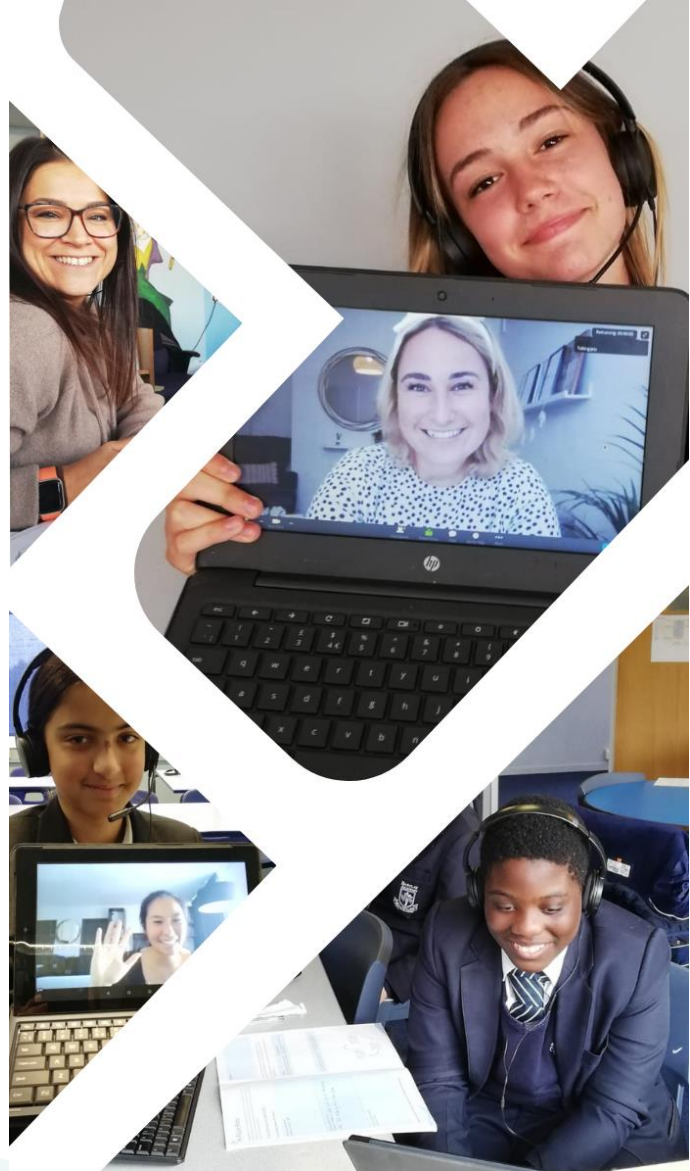
Benefits to You

- Experience ongoing support from a dedicated Programme Manager, as well as focused support on your personal development throughout the programme.
- Receive full training and ongoing coaching skills development at no cost to you.
- Be part of a team of committed, hard-working and friendly colleagues.
- Make a real, tangible difference to a group of young people.
- Thrive in a volunteer role with a high degree of responsibility.
- Balance your coaching role around your other responsibilities.
- Gain a certificate demonstrating your learning and commitment at the end of the programme (upon request).



Volunteering with Yes Futures has been an amazing opportunity to develop my budding coaching skills.

Catherine Serusclat
Yes Futures Coach



Your Eligibility to Apply

You do not need to have prior experience working with young people or prior coaching experience to join our Coaching programme. Equally, we are keen to accept individuals who are already experienced Coaches, who can add their experience to support both our young people and newer Coaches.

Regardless of your existing skills and motivations for applying, you will need to have a strong passion for the Yes Futures vision and a commitment to empowering all young people to believe in themselves and discovering their personal potential. You must also have a strong commitment to the safety, welfare and wellbeing of young people.

All Coaches will receive full training in the Yes Futures coaching model and support to enable you to succeed and thrive in this role.

Please note in accordance with the Asylum and Immigration Act 1996 to apply for a volunteer position with Yes Futures, you must be eligible to live and work in the UK.

Location

Our partner schools are spread across several regions: London, Essex, Kent, East Anglia, Sussex, Hertfordshire, Hampshire, Berkshire, Buckinghamshire and Surrey.

All coaching sessions are conducted online so there is no requirement for you to be located near to one of our partner schools.

Time Commitment

The programme lasts for five months (September – February or March – July). Before you can start coaching, **we require all new Coaches to attend two half day online training sessions**, regardless of prior experience.

The time commitment across the programme will vary depending on the number of schools you would like to Coach at. Most Coaches will support two schools, but you have the following options:

- One school across four days
- Two schools across eight days (recommended)
- Three schools across 12 days
- Four schools across 16 days

At each school there is an **additional two-hour Welcome Session** you are required to attend to meet the students.

We highly recommend that you volunteer at two schools across eight days to develop your understanding and skills in coaching a range of young people using the Yes Futures model.

Trip days and Residential Weekend (optional)

Coaches are also invited on our trips and are encouraged to sign up if availability and location allows. We run two separate day trips and one weekend residential during the five months.

What does a typical volunteer day look like?

Time of Day	Activity	Duration
9:00-9:30am	Briefing	30 mins
10:00-10:40am	Coaching slot 1 (with student 1)	35-40 mins
11:00-11:20am	BREAK	20 mins
11:20am-12:00pm	Coaching slot 2 (with student 2)	35-40 mins
12:00-1:00pm	LUNCH BREAK	45-60 mins
1:30-2:05pm	Coaching slot 3 (with student 3)	35-40 mins
<i>This will be repeated depending on the number of students you are coaching (up to four per school)</i>		
3:00-3:30pm	Debrief	30 mins

What does a typical programme look like?

Welcome Session	Online	March
Coaching day 1 <i>Compulsory volunteer attendance</i>	Online	March/April
Play Your Part <i>Optional volunteer attendance</i>	Day trip – in person	April
Coaching day 2 <i>Compulsory volunteer attendance</i>	Online	April/ May
World of Work <i>Optional volunteer attendance</i>	Day trip – in person	May/June
Coaching day 3 <i>Compulsory volunteer attendance</i>	Online	June/July
Into the Wild <i>Optional volunteer attendance</i>	3 day residential (Fri-Sun) – in person	June/July
Coaching day 4 & Graduation <i>Compulsory volunteer attendance</i>	Online	July
Forward to the Future <i>Optional volunteer attendance</i>	In school Review progress with self-coaching	January /February

So, are you interested in applying to be a Yes Futures One-to-One Coach?

We would love to hear from you!

Deadline for our **March – September 2023** applications is midnight on **Sunday 22nd January**.

Should your application be successful, you will be invited to a zoom interview with a member of the Yes Futures team. You will also be required to attend two training sessions in September.

New Coach Training: Tuesday 21st February 1 PM – 4.30PM

Talent Toolbox Training: Thursday 23rd February 9.30 AM – 1PM

OR Friday 24th February 1 – 4.30 PM

If you have any questions about the opportunity, please email our **Volunteering Team** on volunteering@yesfutures.org. We look forward to hearing from you!



For more information

www.yesfutures.org
volunteering@yesfutures.org
02081444393

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