



# Coach Journey

## Becoming a Coach

### 1. Register your interest

Before applying for the role of Coach, you may want to know more about the role or have some of your questions answered. Register your interest to find out more and we'll be in touch. You can also find the role description and FAQ's on our website.

### 2. Complete your application

Once you have all the information you need, you will be asked to complete an application form which allows you to share with us why you would like to become a Yes Futures Coach and what you can offer to the role.

At this point we will also ask you to provide the names of two people who we can contact for references should your application be successful.

### 3. Attend an interview

Once we have reviewed your application, we will get in touch with you to arrange a suitable day and time for your interview. This is a 30-minute conversation with one of our team where we would encourage you to ask any questions you might have about the programme.

### 4. Celebrate and send us the essentials

Following your interview, we will let you know within two weeks if you have been successful. If you have not already sent us a current DBS Certificate, we will be in touch to arrange one. At this point we will also contact your referees.

But for you it's time to celebrate and look forward to your Coach Training!

### 5. Coach Training

All Yes Futures Coaches (new and experienced) take part in training to learn about our programmes and keep up to date with any changes. During your training you will also have the opportunity to meet your Programme Executive who will be supporting you throughout the programme.

**A future where all young people are confident, resilient and lead fulfilling lives**

[www.yesfutures.org](http://www.yesfutures.org) | [info@yesfutures.org](mailto:info@yesfutures.org) | 02081 444 393 | Charity number: 1155082



## Being a Coach

Our Finding Futures (primary) and Rising Futures (secondary) are run slightly differently but have the same core elements. You will be involved in the following elements of the programmes over six months:

### 1. Welcome Session

Your first in-school session will be the Welcome session. You and the rest of your team will meet the students as they are introduced to Yes Futures and the programme. This is a great opportunity to begin to get to know each other before your coaching sessions begin.

### 2. Coaching Sessions

Over the six months of the programme, you will have five coaching sessions with each of your students. You will help students to use Yes Futures' award-winning **Talent Toolbox** to document experiences and skills they have developed during the programme. The Talent Toolbox focuses on four key talent areas: **confidence, communication, resilience, and self-awareness**. Students set themselves challenging targets throughout the programme and work hard to achieve these.

### 3. Play Your Part

You will attend a Play Your Part day where students will take part in a community action project or charitable fundraising challenge. Here they will understand the benefits of social action and develop key communication and teamwork skills.

### 4. World of Work

You will also accompany your students on a World of Work day, visiting one of our corporate partners. This day raises the students' aspirations for their future and improves their knowledge of working life through visiting an inspirational workplace, meeting professionals, and participating in a skills-based workshop.

### 5. Into The Wild

The Into the Wild weekend is a celebration for all students taking part in the programme. For this fun, action-packed weekend, students from different schools come together to continue working on their personal goals and, in many cases, overcome their fears.

Into the Wild can feel very different to the Play Your Part and World of Work days as you will be working with students from schools other than your own. For this reason, we will invite you to a special briefing call to prepare you and give you the opportunity to ask any questions you may have.

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## 6. Graduation

Following their final coaching session, students will have the opportunity to celebrate everything they have achieved throughout the programme at their Graduation ceremony. Parents and teachers are also invited to share this experience as the students present their learnings and reflections before receiving their certificates.

## 7. Progress Presentation

Six months following the Graduation ceremony, the Programme Executive returns to the school as the students reflect on their experience of self-coaching and the programme as a whole. While it is not necessary for Coaches to attend this session, you would be welcome to join so watch out for a message from your Programme Executive.

You can read more about our programmes on our [website](#).