

Kit List – Into The Wild Weekend

Being Prepared and Packing Smart

Plan every day logically, bearing in mind that you may need to change clothes after certain activities. You will get wet and muddy, so we recommend, old clothes that you don't mind getting dirty. It may also get cold, so pack to keep warm. Please pay close attention to the quantities of each item recommended.

You need to bring a **PACKED LUNCH ON THE FIRST DAY (FRIDAY)**.

All other meals are provided.

Please **do not** bring any money or any additional food.

Packing list

Clothing:

- 8x pairs of socks
- 6x underwear
- 1x pyjamas
- 2x warm jumpers/hoodies
- 4x t-shirts/tops
- 3x trousers (jeans are not suitable for activities)
- 1x walking boots or sturdy trainers to be used for activities (slides or wellies are not suitable)
- 1x spare trainers for indoors
- Waterproof coat
- Sunhat / Warm hat (depending on expected weather)

Other items:

- Water bottle (labelled with your name)
- Face covering for indoor areas
- Backpack / day bag
- Reading book
- Laundry bag
- Bin liners/ plastic bags for wet clothes
- Torch (optional)
- Watch (optional)

Personal items:

- Glasses / Contact lenses
- Personal medication

Toiletries:

- Deodorant (non-spray)
- Brush/comb
- Towel and washcloth
- Spare 'old' towel for wet activities
- Toothbrush and toothpaste
- Tissues
- Soap, shampoo, conditioner
- Hair ties
- Feminine items (if required)
- Sun cream

Please ensure all your clothing and possessions are **labelled with your name**.

You will be staying in shared single-sex accommodation.

Our supervisory staff are fully DBS checked and trained in child protection. They will always be around to help you.

Mobile Phones: Please note that Yes Futures cannot take responsibility for any mobile phones brought on the trip. Mobile phones are brought at the child's own risk and are only to be used in bedrooms.

Please also note there is no Wifi access at the Kingwood site.