Discovering our strengths















Say Cheese!

Volunteering Opportunity

One-to-One Coach

COURS HITTERS

Introduction

Yes Futures is a multi-award winning charity, established in 2012. Our successful Finding Futures and Rising Futures programmes have made a proven difference to the lives of over 3,000 young people, and we are rapidly expanding to more schools across the country.

We are looking for **enthusiastic and committed individuals** to train as Yes Futures Coaches. We run **two** programmes each year: **September to February,** and **March to July**.

Our award-winning programme provides Yes Futures Coaches with full training and ongoing support, enabling you to thrive and develop your coaching skills in a collaborative environment. This is a unique opportunity to develop your skills and gain vital experience supporting young people at no cost to you.

This role description is for one-to-one Coaches supporting our Rising Futures programme for secondary school students to empower them to believe in themselves. This is a remote coaching role, allowing you to volunteer with us from anywhere in the UK.

About Yes Futures

Yes Futures offers award-winning coaching which empowers young people to believe in themselves and discover their personal potential.

We run personal development programmes in primary and secondary schools to develop students' four key talents: Confidence, Resilience, Communication and Self-awareness.

What does a Yes Futures One-to-One Coach do?

A One-to-One Coach is responsible for:

- Supporting your allocated students to identify their personal strengths and set goals through a series of four online coaching sessions.
- Attending the pre-session briefings and post-session debriefs with your Programme Manager (on the same day as coaching sessions).
- Attending the Welcome Session online workshop to meet students (approx. 2 hours spread across a day).
- Communicating with your Programme Manager throughout the programme regarding student engagement and progress, including writing brief session records for each student.
- Engaging with Yes Futures' evaluation procedures, including writing end of programme notes on students to be included in individual student Impact Reports and sharing your feedback of your experience in the Coach Survey.

You will also have the option to:

- Attend the Into the Wild and World of Work day trip (highly recommended).
- Be involved in Yes Futures social media and blog writing.
- Attend social events to meet other Yes Futures Coaches.





What skills does a Yes Futures Coach require?

We welcome a wide range of individuals with different backgrounds, experiences, and ages to join our Coaching programme. We value candidates who can demonstrate they are able to make an IMPACT:

Inclusive - We value the input of our entire community and embrace diversity. We work with a diverse range of students, and we want our coaches to reflect that. Our community can then work to draw upon each other's experiences to best support our students.

Motivated - We are strongly committed to making a real difference. All our Coaches bring their energy and enthusiasm to the sessions, empowering the students.

Professional - We are dedicated and passionate individuals who are committed to the students we support, and reliably turn up for them throughout the whole programme. We represent Yes Futures and respect the learning environment we work in, including teachers, staff, and other partners.

Ambitious - We inspire ambition in all young people we work with to realise their full potential. Through regular goal setting students work towards a greater awareness of themselves.

Collaborative - We work with schools, students, parents and partners to create lasting impact. We draw upon the experience of our diverse community to support others, share learning, and encourage one another to provide the best support possible.

Trustworthy - We believe in our programmes and trust our Coaches to support our students to be their authentic selves. We recognise that safeguarding is a top priority when having personal conversations with students, and we follow the correct procedures to report incidents to the team.

Please note, all Coaches must be proficient in using Zoom and a computer/laptop. Coaching sessions are all conducted online, so you must be computer literate to support the students and Coaches.



HAVING THE OPPORTUNITY TO WORK WITH AND SEE THE IMPACT YOU'RE HAVING ON YOUNG PEOPLE AT A VERY EARLY STAGE IN THEIR LIVES IS AMAZING. KNOWING THAT YOU'RE SETTING THEM UP WITH SKILLS THAT THEY WILL USE FOR THE REST OF THEIR LIVES IS AN INCREDIBLE OPPORTUNITY, AND ONE THAT I JUST WOULD NOT HAVE GOT WITHOUT YES FUTURES — THANK YOU!

TOM POCOCK YES FUTURES COACH











VOLUNTEERING WITH YES FUTURES HAS BEEN AN AMAZING OPPORTUNITY TO DEVELOP MY BUDDING COACHING SKILLS.

CATHERINE SERUSCLAT YES FUTURES COACH



Benefits of being a Yes Futures Coach

This is a hands-on coaching role which provides an opportunity to hone your coaching skills supporting a diverse range of students.

- Experience ongoing support from a dedicated Programme Manager, as well as focused support on your personal development throughout the programme.
- Receive full training and ongoing coaching skills development at no cost to you.
- Be part of a team of committed, hard-working and friendly colleagues.
- Make a real, tangible difference to a group of young people.
- Thrive in a volunteer role with a high degree of responsibility.
- Balance your coaching role around your other responsibilities.
- Gain a certificate demonstrating your learning and commitment at the end of the programme (upon request).

Your eligibility to apply

You will need to have a strong passion for the Yes Futures vision and a commitment to empowering all young people to believe in themselves and discovering their personal potential. You must also have a strong commitment to the safety, welfare and wellbeing of young people.

You do not need to have prior experience working with young people or prior coaching experience to join our Coaching programme. Equally, we are keen to accept individuals who are already experienced Coaches, who can add their experience to support both our young people and newer Coaches.

All Coaches will receive full training in the Yes Futures coaching model and support to enable them to succeed and thrive in this role.

Please note in accordance with the Asylum and Immigration Act 1996 to apply for a volunteer position with Yes Futures, you must be eligible to live and work in the UK.

Location

Our partner schools are spread across several regions: London, Essex, Kent, Sussex, Hertfordshire, Hampshire, Berkshire, Buckinghamshire, and Surrey.

All coaching sessions are conducted online so there is no requirement for you to be located near to one of our partner schools.

Time Commitment

The programme lasts for five months (September – February or March – July). Before you can start coaching, we require all new Yes Futures Coaches to attend two half day online training sessions, regardless of prior experience.

The time commitment across the programme will vary depending on the number of schools you would like to Coach at. Most Coaches will support two schools, but you have the following options:

- One school across 4 days
- Two schools across 8 days (recommended)
- Three schools across 12 days
- Four schools across 16 days

At each school there is an additional **two-hour Welcome Session** you are required to attend to meet the students. These 2 hours are spread across a day.

We highly recommend that you volunteer at two schools across eight days to develop your understanding and skills in coaching a range of young people using the Yes Futures model.

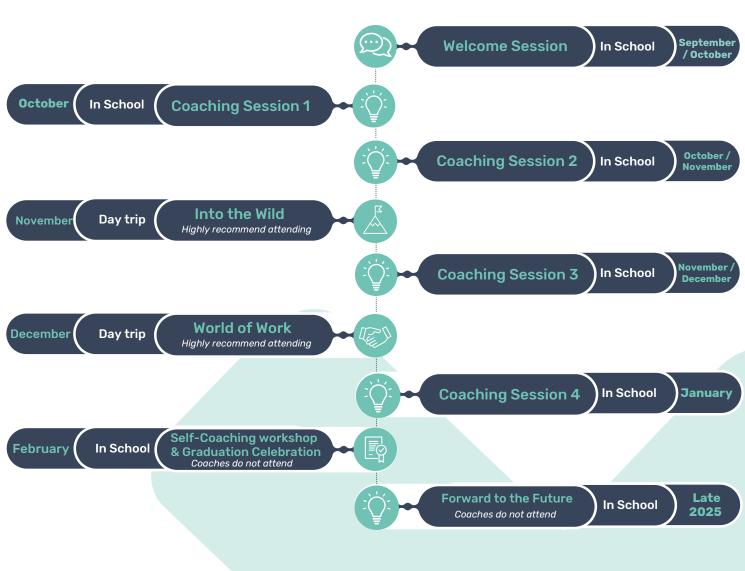
Each school will also attend our two exciting **Trip days (Into The Wild and World of Work).** One-to-One Coaches are highly encouraged to support these days in person if availability and location allows.

What does a typical Secondary School One to One Coach day look like?

Time of Day	Activity	Duration
9:00am - 9:30am	Online briefing with your Programme Manager	30 minutes
10:00am - 10:40am	Coaching slot 1 (with student 1)	35 - 40 minutes
11:00am - 11:20am	Break	20 minutes
11:20am - 12:00pm	Coaching slot 2 (with student 2)	35 - 40 minutes
12:00pm - 1:00pm	Lunch break	45 - 60 minutes
1:30pm - 2:05pm	Coaching slot 3 (with student 3)	35 - 40 minutes
3:00pm - 3:30pm	Debrief with your Programme Manager	30 minutes

What does a typical programme look like?

September - February programme







So, could YOU be a Yes Futures One-to-One Coach?

We would love to hear from you!

Deadline to apply for our September 2024 - February 2025 is midnight on Sunday 30th June 2024.

However we encourage you to apply as soon as possible as our volunteering spots are limited!

Should your application be successful, you will be invited to an online informal interview with a member of the Yes Futures team.

Yes Futures Coach Training

You will also be required to attend two half-day training sessions in September.

New Coach Training: Tuesday 3rd September 2024, 1:00pm - 5:00pm

Talent Toolbox & Safeguarding Training:

Friday 6th September 2024, 1:00pm - 5:00pm OR Tuesday 10th September 2024, 9:30am - 1:30pm

Contact us

If you have any questions about the opportunity, please email our **Volunteering Team** on <u>volunteering@yesfutures.org</u>. We look forward to hearing from you!

