



# Communication and Teamwork - Activity 2

## Working together



**Time Taken:** 40 – 50 minutes

### Skills Developed:



Communication



Self-awareness

### Resources Required:

- This worksheet

### Instructions:

1. Consider what teams you are part of
2. Define teamwork and explore its importance
3. Explore the features of good teamwork
4. Explore the importance of roles within a team

### Learning Outcomes:

1. Understand what teamwork is
2. Understand what effective teamwork is
3. Understand the role of communication in effective teamwork
4. Understand the importance of different roles in effective teamwork

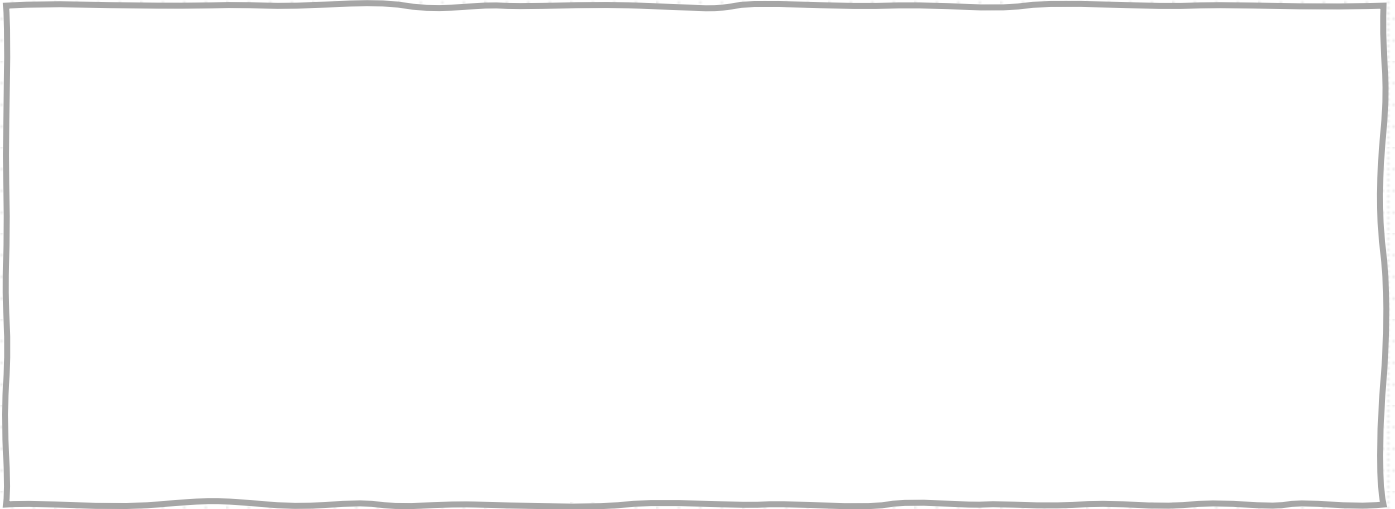
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## My teams

What 'teams' or groups are you a member of in your life? These could be at school, in any clubs you're in outside of school, or even online. Make a list of these.

**Task: List the groups or teams that you are a member of.**



Which of those groups or teams work best? What makes them 'good' teams? **Task: Use the sentence starters below to explain which of those teams work best and what makes them good teams.**

**The team that I am a member of that works best is.....**

**I think it is the best of my teams because.....**

**It is a 'good' team because.....**

## The benefits of teamwork

Teamwork = the ability of a group of people to work well together to successfully complete a task

“Alone we can do so little; together we can do so much.”

“Snowflakes are one of nature's most fragile things, but just look what they can do when they stick together.”

“There is immense power when a group of people with similar interests gets together to work toward the same goals.”

A teamwork example:

During a Formula 1 race, the tyres on the cars wear out. If the tyres are not changed at this point, then the drivers might lose control and crash their cars.

However, stopping to change the tyres takes time. In a race, it is important that you do not waste any time at all. Therefore, the teams must change the tyres as quickly as possible.

The record for changing the tyres on a car is 1.88 seconds. That is less than 2 seconds to change all 4 tyres. This is only possible if all the members of the team know exactly what they each need to do and do it quickly and efficiently.

Read the definition of teamwork above. Once you have done that, read the quotations and the Formula 1 example. Use the information from those three boxes to answer the question below.

**Task: Why is it important to be able to work in team?**

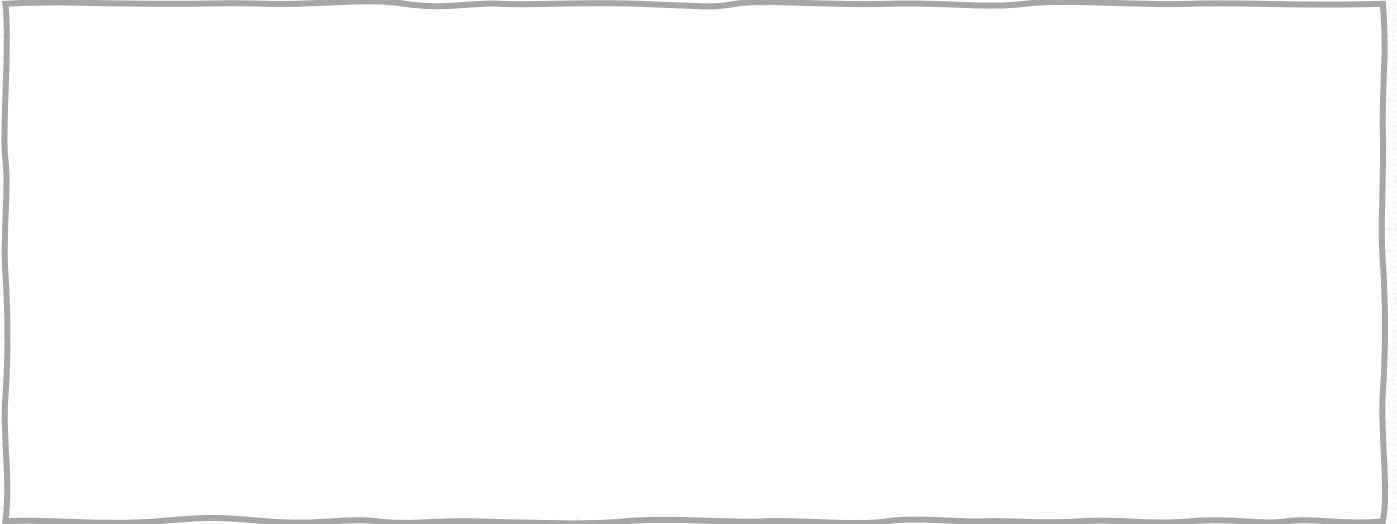
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## Good teamwork

Why do you think communication (and the ability to communicate well with others) is an important skill for good teamwork?

**Task: Explain why communication is necessary for good teamwork.**



What is good teamwork? Which of the criteria below best describes good teamwork?

**Task: Tick the answers below that best describe good teamwork. You can tick as many as you want.**

- Communicate with each other
- Compete with each other
- All carry out the same role
- Have a clear shared goal
- Only put in effort if they feel like it
- Everybody contributes fairly
- Support each other
- Take on different roles within the team
- There is a clear leader
- Criticise each other
- Everyone takes responsibility for their role
- Don't talk to other members of the team
- Trust each other

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## Team Roles

Think about a football team or the people that work in a hospital. Do all members of those teams do the same jobs as each other? Why not?

**Task: Answer the questions about team roles below.**

**Think of either a football team or the people working in a hospital. What different jobs do the people within that team do?**

**Why is it important that they carry out different jobs from each other within the team?**

Why is it important for every team to have a leader? How do they support the other roles within a team?

**Task: Answer the questions about leaders below.**

**Why is it important for every team to have a leader?**

**How does the leader support the other members of a team to perform their roles or jobs?**

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## Optional Task - Sharing Your Learning

The following task is an optional one to help develop your learning further. One of the best ways to consolidate your learning is to share what you have learned with someone else.

Can you explain the importance of teamwork to someone else?

**Task: Find someone who is at home with you. Explain to them, in your own words, what communication is. Try to include the things below in your explanation.**

- What the word teamwork means
- Why the character strengths resilience, confidence, and communication are important for good teamwork
- Why it is important for a team to have a leader
- Why the people in a team should perform different roles in the team