



Yes Futures Volunteer Opportunity Impact Coach



Empowering every young person
to believe in **themselves**



Introduction

Yes Futures is a multi-award winning charity, established in 2012. Our successful Finding Futures and Rising Futures programmes have made a proven difference to the lives of over 2000 young people, and we are rapidly expanding to more schools across the country.

We are looking for **enthusiastic and committed individuals** to train as Impact Coaches. We run two programmes each year: **September to February**, and **March to July**.

Our award-winning programme provides Impact Coaches with full training and ongoing support, enabling you to thrive and develop your coaching skills in a collaborative environment. This is a unique opportunity to develop your skills and gain vital experience supporting young people at no cost to you.

This is an **in person role** requiring you to be willing to travel to one of our partner schools on a regular basis.

Our partner schools regions are: London, Essex, Kent, Sussex, Hertfordshire, Hampshire, Berkshire, Buckinghamshire, and Surrey.

Key Information

- 10 working days of volunteering over 6 months, including a three day residential weekend
- Travel to a school in London and the South East for each session
- Work closely with the Yes Futures Programme Manager to provide coaching support to young people in either Primary or Secondary Schools (aged 8-16)

What does an Impact Coach do?

The key role of an Impact Coach is to engage in-person with the students in the school, supporting the Programme Manager with the running of the sessions, and enabling every student on the programme to access essential coaching support.

Every day may be different to meet the needs of the students, so you must be prepared to be proactive and adapt quickly.

An Impact Coach is responsible for:

- Attending the welcome session, all four coaching sessions, and all three trips.
- Assisting the Programme Manager to prepare the classroom, including setting up laptops, headphones and creating an individual space for each student
- Greeting every student in a positive and warm manner
- Adapting to the needs of every student and using coaching skills to encourage their positive engagement with the programme
- **(Primary Coach only)** Delivery coaching sessions to groups of 2-3 students
- **(Secondary Coach only)** Observing the 1-1 Coach volunteers coaching sessions and providing feedback to support everyone's personal development

What skills does a Yes Futures Coach require?

We welcome a wide range of individuals with different backgrounds, experiences, and ages to join our Coaching programme. We value candidates who can demonstrate they are able to make an IMPACT:

Inclusive - We value the input of our entire community and embrace diversity. We work with a diverse range of students, and we want our coaches to reflect that. Our community can then work to draw upon each other's experiences to best support our students.

Motivated - We are inspired by the results we achieve. All our coaches bring their energy and enthusiasm to the sessions, empowering the students.

Professional - We are dedicated and passionate individuals who are committed to the students we support, and reliably turn up for them throughout the whole programme. We represent Yes Futures and respect the learning environment we work in, including teachers, staff, and other partners.

Ambitious - We inspire ambition in all young people we work with. Through regular goal setting and targets, we support students to aim high and recognise their potential.

Collaborative - We work with schools, students, parents and partners to create lasting impact. We draw upon the experience of our diverse community to support others, share learning, and encourage one another to provide the best support possible.

Trustworthy - We believe in our programmes and trust our Coaches to support our students to become their authentic selves. We recognise that safeguarding is a top priority when having personal conversations with students, and we follow the correct procedures to report incidents to the team.

Please note, all Coaches must be proficient in using Zoom and a computer/laptop. Coaching sessions are all conducted online, so you must computer literate to support the students and Coaches.



Working with the students at the Food Bank on the Play Your Part trip highlighted a whole different side of the students that I would never have experienced from just seeing them in school.

Mary Jarrett - Impact Coach



It's a multi-faceted role that involves coaching, organisation, teamwork, and supervision/observation, all to support the effective delivery and implementation of our youth programme.

You'll be proactive, engaged, and ready to tackle any challenges thrown at you by our unique and diverse students.

It's a volunteer role with a huge impact, enabling the smooth running of our programmes at the school, and ensuring positive outcomes for all students.

Benefits to You

This is a hands-on and very practical role which provides an insight into the running of a Youth programme, and an opportunity to hone your coaching skills supporting a diverse range of students.

- Each programme will involve approx. 70 hours of experience over a five-month period, supporting young people with their wellbeing and personal development.
- See behind the scenes of a Youth Programme and work closely with the Programme Manager to run it effectively.
- Opportunity to empower young people in diverse settings both in school and on three different external trips
- Be part of a team of committed hardworking and friendly volunteers and colleagues.
- Receive full training and ongoing coaching skills development at no cost to you.



There have been so many occasions that inspired me throughout my volunteering. One that stands out was the Play Your Part trip and the incredible opportunity to have a deep dive into values in an informal coaching setting - while trimming blackberry bushes to support the local park. I was astounded that this could facilitate powerful and genuine coaching conversations.

Dessy Boteva – Impact Coach

Your Eligibility to Apply

You will need to have a strong passion for the Yes Futures vision and a commitment to empowering all young people to believe in themselves and discovering their personal potential. You must also have a strong commitment to the safety, welfare and wellbeing of young people

You do not need to have prior experience working with young people or prior coaching experience to join our Coaching programme. Equally, we are keen to accept individuals who are already experienced Coaches, who can add their experience to support both our young people and newer Coaches.

All Coaches will receive full training in the Yes Futures coaching model and support to enable you to succeed and thrive in this role.

Please note in accordance with the Asylum and Immigration Act 1996 to apply for a volunteer position with Yes Futures, you must be eligible to live and work in the UK.



Location

Our partner schools are spread across several regions: London, Essex, Kent, Sussex, Hertfordshire, Hampshire, Berkshire, Buckinghamshire, and Surrey.

This role requires you to attend the sessions in person. Whilst we aim to place you at the nearest possible school, some may be around a one-hour travel time.

In the application form, you can indicate the amount of time you are willing to spend travelling to a session, and we will seek to place you within that.

Please note that **all reasonable travel expenses are covered by Yes Futures**, so you won't be out of pocket for your support!

Time Commitment

The programme lasts for five months (September – February or March – July). Before you can start coaching, we require all new Coaches to attend three half-day online training sessions, regardless of prior experience.

As an Impact Coach you will typically be assigned to one school only. If you have more availability and would like to support multiple schools, this is possible, but you must be able to commit to a full programme at each school. Across the five-month period, one school consists of:

- A one-day Welcome Session
- Four days of Coaching Sessions
- Two separate day trips for our Play Your Part and World of Work
- A three-day weekend residential trip (Friday - Sunday).

Please note, the timings of a 'day' may differ depending on the school you support, but it is typically from 8.30am - 4pm excluding travel to and from the school and not during school holidays.

What does a typical Secondary School Impact Coach volunteer day look like?

| Time of Day | Activity | Duration |
|-----------------|---|------------|
| 8.30-9:30am | Prepare the room and welcome students. | 60 mins |
| 10:00-10:40am | Observe Coaching slot 1 (with student 1) | 35-40 mins |
| 11:00-11:20am | BREAK | 20 mins |
| 11:20am-12:00pm | Observe Coaching slot 2 (with student 2) | 35-40 mins |
| 12:00-1:00pm | LUNCH BREAK | 45-60 mins |
| 1:30-2:05pm | Observe Coaching slot 3 (with student 3) | 35-40 mins |
| 3:00-4:00pm | Debrief and pack up equipment to leave school | 1 hour |

What does a typical Primary School Impact Coach volunteer day look like?

Primary School coaching sessions will typically take place in the afternoon.

| Time of Day | Activity | Duration |
|-----------------|---|------------|
| 8.30-9:30am | Prepare the room and welcome students. | 60 mins |
| 10:00-10:40am | Observe Coaching slot 1 (with student 1) | 35-40 mins |
| 11:00-11:20am | BREAK | 20 mins |
| 11:20am-12:00pm | Observe Coaching slot 2 (with student 2) | 35-40 mins |
| 12:00-1:00pm | LUNCH BREAK | 45-60 mins |
| 1:30-2:05pm | Observe Coaching slot 3 (with student 3) | 35-40 mins |
| 3:00-4:00pm | Debrief and pack up equipment to leave school | 1 hour |

What does a typical programme look like?

| | | |
|--|---|--------------------|
| Welcome Session <i>Compulsory volunteer attendance</i> | In person | September |
| Coaching day 1 <i>Compulsory volunteer attendance</i> | In person | September/ October |
| Play Your Part <i>Compulsory volunteer attendance</i> | Day trip – in person | October |
| Coaching day 2 <i>Compulsory volunteer attendance</i> | In person | October/ November |
| World of Work <i>Compulsory volunteer attendance</i> | In person | November/ December |
| Coaching day 3 <i>Compulsory volunteer attendance</i> | In person | December |
| Into the Wild <i>Compulsory volunteer attendance</i> | 3 day residential (Fri-Sun) – in person | January |
| Coaching day 4 & Graduation <i>Compulsory volunteer attendance</i> | In person | February |
| Forward to the Future <i>Optional volunteer attendance</i> | In school Review progress with self-coaching | June/ July |

So, are you interested in applying to be a Yes Futures One-to-One Coach?

We would love to hear from you!

Deadline for our September 2022 – February 2023 is midnight on **Sunday 14th August**, however we encourage you to apply as soon as possible as our volunteering spots are limited!

Should your application be successful, you will be invited to a zoom interview with a member of the Yes Futures team. You will also be required to attend three training sessions in September.

Session 1: Tuesday 6th September from 1 – 4.30pm

Session 2: Wednesday 7th September from 1 – 4.30pm

Session 3: Thursday 8th September from 9:30am – 1:00pm

OR Friday 9th September from 1:00pm – 4:30pm

If you have any questions about the opportunity, please email **Oliver Carr**, Community Manager on oliver@yesfutures.org. We look forward to hearing from you!





For more information

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